

# Family Check Up/Everyday Parenting Program for Kinship Foster Families of African American Children

— A Pilot Study Aimed at Improving Children's Behavioral Health by Strengthening Family Functioning



The Family Check Up/Everyday Parenting (FCU/EDP) program allows kinship caregivers to take part in an evidence-based parenting program that has been shown to improve parenting, reduce child behavior issues, and decrease future risk of problem issues such as childhood obesity, substance use, and justice system involvement. Our goal is to adapt this demonstration project for use with African American Kinship families. In response to Covid-19 this free parenting training is now being offered online in the comfort of your home!

## Who can participate?

- African American (self-identified) kinship caregiver (kin or fictive kin)
- Caring for one or more African American children (ages 5 -15 Years) from the foster care system for at least one month prior to signing up
- Can speak, write and understand English.

## Starting from January, 2021 !

We accept participants on a rolling basis.

## Sign up Now!

- **Mr. Anthony Thornton:** [ag-thornt@asu.edu](mailto:ag-thornt@asu.edu)
- **Dr. Qi Wu:** [qi.wu.5@asu.edu](mailto:qi.wu.5@asu.edu)

## What's involved?

Families will participate in an assessment/interview with a trained facilitator. This interview will occur via zoom or telephone at a time that is convenient for you and your family, followed by a feedback interview. Following the initial assessment, families will engage in an interactive online training session. Sessions and engagement will allow families to learn interact and share with other participants. You will also participate in a follow-up meeting (appx 1 month after the training), to give feedback on the program. After three months, you will participate in your final family assessment by phone or online.

## Potential Benefits?

In addition to receiving a free parenting training, participants are eligible for a number of added benefits. Participants will receive up to \$60 in gift cards for completing assessments and providing feedback during the FCU/EDP process. Parents and guardians needing annual licensing renewal hours may also qualify for up to 6 training hours.



## Potential Risks?

There are no foreseeable risks to you. You can reach out to the research team of this project if you have any questions or concerns.

